



PRODUCTS BROCHURE 2025

Spice Girls Ingredients



For all enquiries please contact:
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We search the globe for the best prices, so you don't have to — all while maintaining the highest standards of quality.



Supplying spices that give recipes a real boost!



At Spice Girls Ingredients, we believe that bold, honest flavour starts with high-quality ingredients. From everyday essentials to unique blends, our herbs, spices, and seasonings are carefully selected to elevate your cooking, whether you're a home chef, a café owner, or a food manufacturer. We supply in bulk and retail sizes, making it easy to deliver great taste at any scale.



Sourced with Care, Trusted Worldwide



At Spice Girls Ingredients, we go the extra mile — and sometimes across the globe — to find the very best. We work only with trusted, BRC-accredited suppliers, ensuring every ingredient meets the highest standards for quality, safety, and sustainability. Our global sourcing allows us to bring you premium products at competitive prices, without ever compromising on flavour or integrity.

FIND THE SPICES YOU NEED



WHOLE SPICES

Packed with natural oils and flavour, our whole spices are perfect for grinding fresh or infusing into recipes. From peppercorns to cinnamon sticks, we supply the essentials that deliver depth and aroma in every dish.



GROUND SPICES

Finely milled and full of punch, our ground spices are ready to stir into rubs, sauces, and seasonings. Whether you're cooking in bulk or adding a dash of warmth to a single plate, our quality never compromises on taste.



SPICE BLENDS

Made to your recipe or developed with our expert input, our custom spice blends save you time and deliver consistency. From curry powders to festive mixes. All blends are blended with precision and care to your specification.



Spices

CHILLI

Ancho Chilli – Crushed
Ancho Chilli – Powder
Ancho Chilli – Whole
Arbol Chilli – Crushed
Arbol Chilli – Powder
Arbol Chilli – Whole
Birds Eye Chilli – Crushed
Birds Eye Chilli – Ground
Birds Eye Chilli – Whole
Cascabel Chilli – Whole
Cayenne Pepper
Chilli – Crushed
Chilli – Flakes
Chilli – Powder
Chilli – Whole
Chilli Whole – Stemless
Chipotle Chilli – Crushed
Chipotle Chilli – Powder
Chipotle Chilli – Whole
Guajillo Chilli – Crushed
Guajillo Chilli – Powder
Guajillo Chilli – Whole
Habanero Chilli – Crushed
Habanero Chilli – Powder
Habanero Chilli – Whole
Korean Chilli – Powder
Morita Chilli – Whole
Morita Chilli – Crushed
Morita Chilli – Powder
Mulato Chilli – Crushed
Mulato Chilli – Whole
Naga Chilli – Powder
Pasilla Chilli – Crushed
Pasilla Chilli – Powder
Pasilla Chilli – Whole
Piquin Chilli – Whole

PEPPERS

Black Peppercorns – Whole
Black Peppercorns – Cracked
Black Peppercorns – Ground
Five Mixed Peppercorns –Whole
Four Mixed Peppercorns –Whole
Green Peppercorns
Grey Peppercorns – Ground
Grey Peppercorns – Whole
Long Pepper
Pink Peppercorns
Red Peppercorns
Szechwan Peppercorns – Whole
Szechwan Peppercorns – Ground
White Peppercorns – Whole
White Peppercorns – Cracked
White Peppercorns – Ground
Green Bell Pepper
Green Bell Pepper Ground
Mignonette Pepper – Whole
Mignonette Pepper – Cracked
Mignonette Pepper – Ground
Red Bell Pepper
Red Bell Pepper – Ground
Celery Pepper
Citrus Pepper
Salt & Pepper Mix

TOMATO

Tomato Powder
Sun-Dried Tomatos

GARLIC

Garlic – Flakes
Garlic – Granules
Garlic – Minced
Garlic – Split
GINGER

CINNAMON

Cassia Vera
Cinnamon Cassia
Cinnamon Cassia – Kibbled
Cinnamon – Ground
Cinnamon – Kibbled
Cinnamon – Quills
Cinnamon Bark
Cinnamon Sticks – Tuj
Cinnamon Dark – Ground
Cinnamon Light – Ground

COCONUT

Coconut – Cream
Powder
Coconut – Desiccated
Fine
Coconut – Desiccated
Medium
Coconut – Green
Coconut – Orange
Coconut – Pink
Coconut – Yellow
Coconut – Flour Fine
Coconut – Flour
Medium
Coconut Flakes
Coconut Flakes –
Toasted

ONION

Onion – Chopped
Onion Flakes
Onion Flakes –
Toasted
Onion Granules
Onion – Kibbled
Onion Powder
Onion Seeds – Black



Herbs

Agnus Castus
Agrimony
Alfalfa Herb
Angelica Herb
Arrowroot
Barberry Bark
Basil
Basil – Ground
Bay Leaves – Chopped
Bay Leaves – Ground
Bay Leaves – Kibbled
Bay Leaves – Selected
Bay Leaves – Semi Selected
Bayberry Bark
Benzion Gum
Bistort Root
Black Cohosh
Blackberry Leaves
Bladder Wrack Cut
Bladder Wrack Powder
Blue Cohosh
Blue Flag Root
Boldo Leaves
Bonsett
Borage
Bouquet Garni
Bouquet Garni Mix
Brewers Yeast Powder
Brich Root
Buchu
Buckthorn Bark
Burdock Root
Calamus Root
Carob Powder
Cascara
Catnip

Chickweed
Chives – Flakes
Chives – Ground
Chives – Rolls
Clivers
Coltsfoot
Comfrey
Copal Resin
Coriander Leaves
Cornflower Petal
Cornsilk
Couchgrass
Cowslip Flowers
Crampbark
Cranesbill
Curry Leaves
Damiana
Dandelion Leaf
Dandelion Root
Dandelion Root Roasted
Devils Claw
Dill Tips
Dill Weed
Echinacea
Elderflowers
Elecampane
Eucalyptus Leaves
Everlasting Flowers
Eyebright
Fennel Herb
Feverfew
Fines Herbs
Frankincense (Gum Olibanum Siftings)
Fumitory
Galangal

Golden Rod
Greater Celandine
Grindelia
Ground Ivy
Gum Arabic
Hawthorn Berries
Heartsease
Henna Powder Black
Henna Powder Neutral
Henna Powder Red
Herbal Pillow Mixture
Herbs de Provence
Herbs Poissonade
Hibiscus Fine Cut
Hibiscus Flowers
Holy Thistle
Hops
Horehound Herb Cut
Horsetail
Hydrangea Root
Hydrocotyle Asiatica
Hyssop
Irish Moss Cut
Jasmine Flowers
Juniper Berries
Juniper Berries – Crushed
Kelp Powder
Ladies Mantle
Larkspur Flowers
Lavender No. 1
Lemon Balm
Lemon Vebena (Superior Grade)
Lemongrass – Fine Cut
Lemongrass – Ground
Lime Leaves
Lime Leaves – Air Dried

Limeflowers
Liquorice Juice Sticks (25g)
Liquorice Root – Ground
Liquorice Root Fine Cut
Liquorice Root Sticks
Liquorice Roots
Lovage Root
Lungwort
Marigold Petals
Marjoram
Marjoram – Ground
Marshmallow Herb
Marshmallow Root
Mate Tea
Meadowdweet
Mellilot
Mint
Mint – Ground
Mint Spear
Mint Spear Crushed
Mixed Herbs
Mixed Herbs & Garlic
Mixed Herbs Italian
Motherwort
Mugwort
Mulled Wine
Mullein
Myrrh Grains
Nettles Cut
Oak Bark
Olive Leaves
Oregano
Oregano – Ground
Orris Root Powder
Parsley
Parsley – Ground



Limeflowers
Liquorice Juice Sticks (25g)
Liquorice Root – Ground
Liquorice Root Fine Cut
Liquorice Root Sticks
Liquorice Roots
Lovage Root
Lungwort
Marigold Petals
Marjoram
Marjoram – Ground
Marshmallow Herb
Marshmallow Root
Mate Tea
Meadowdweet
Mellilot
Mint
Mint – Ground
Mint Spear
Mint Spear Crushed
Mixed Herbs
Mixed Herbs & Garlic
Mixed Herbs Italian
Motherwort
Mugwort
Mulled Wine
Mullein
Myrrh Grains
Nettles Cut
Oak Bark
Olive Leaves
Oregano
Oregano – Ground
Orris Root Powder
Parsley
Parsley – Ground
Parsley Piert
Parsley Rubber Curly Fine
Passiflora (Passion Flowers)
Pellitory
Pennyroyal

Peppermint
Periwinkle
Pilewort
Pizza Herbs
Plantain
Poke Root
Poplar Bark
Psyllium Husk
Psyllium Seed Pink
Pulsatilla
Quassia Chips
Raspberry Leaves Cut
Red Clover Flowers
Rosehip – Fine Cut
Rosehip / Elder Flower
Rosehips Whole
Rosemary
Rosemary – Ground
Rue Herb
Safflower
Sage – Ground
Sandalwood Chips Red
Sapponaria Herb (soapwort)
Sarsaparilla Root
Sassafras Bark
Savory
Saw Palmetto Berries
Scullcap
Senna Leaves
Senna Pods
Shepherds Purse
Sorrel Herb
Southernwood
Speedwell
St. Johns Wort
Strawberry Leaves
Sunflower Petals
Tansy
Tarragon – Ground
Tarragon French
Thyme

Thyme – Ground
Tormentilla Root
Uva Ursi
Valerian Root
Valerian Root Milled
Vervain
Violet Leaves
White Willow Bark
Wild Cherry
Wild Yam Root
Witch Hazel Leaves
Wood Betony
Woodruff
Wormwood
Yarrow
Yeast Granules (Dried for bread,
baking etc.)
Yellow Dock Root



Curry Mixes



Achar Masala Sweet
Aloo Chole Masala
Balti Mix
Basar Mix
Biryani Masala
Bombay Potato Mix
Chana Masala
Chat Masala
Chicken Masala
Chicken Wing Spice
Chilli Con Carne Mix
Chilli Sauce Blend
Chilli Sauce Mix
Chinese 5 Spice
Citrus Pepper
Condimento Spice Mix
Dal Masala Special
Dal Masala Subzi
Dhana Jeera
Fajita Spice Mix
Fish Masala
Fish Masala Special
French Fries Mix
Garam Masala
Garam Masala Rajwadi
Garam Masala Special
Garam Masala
Kashmiri
Garlic Pepper Madagascar
Kachori Masala
Kadai Masala
Kebab Masala
Kofta Masala
Korma Masala
Pickling Spice
Rib Rub

Rogan Josh Masala
Salt & Pepper Mix
Seasoned Rice
Tandoor Masala
Tea Masala
Tex Mex
Thai 5 Spice
Thai 7 Spice
Thai Curry Mix
Tikka Masala
Vanilla Sugar
Vegetable Masala
Vindaloo Masala
Vindaloo Masala Triple X
Zanzibar Island Spice
Zulu Fire Spice
Mixed Sweet Spice
Mixed Masala Whole
Mixed Spice Whole
Kachori Masala
Kadai Masala
Kebab Masala
Kofta Masala
Korma Masala
Malay Mix Pepper Fresh Grind
Mixed Spice Ground
Mutton Masala
Pani Puri Masala

CURRY POWDERS
Curry Powder – Bombay
Curry Powder – Caribbean
Curry Powder – Caribbean Mild
Curry Powder – Green
Curry Powder – Hot
Curry Powder – Hot Thai
Curry Powder – Jamaican Hot
Curry Powder – Jamaican Mild
Curry Powder – Kashmiri
Curry Powder – Korma
Curry Powder – Madras
Curry Powder – Madras Extra Hot
Curry Powder – Madras Fire
Eaters (Only for Bravel!)
Curry Powder – Madras hot
Curry Powder – Madras Medium
Curry Powder – Madras Mild
Curry Powder – Madras Special
Curry Powder – Malaysian
Curry Powder – Medium
Curry Powder – Mild
Curry Powder – Panang
Curry Powder – Vencat
Curry Powder – Vindaloo
Curry Powder – Katsu





Seasonings

All Purpose Seasoning
Arabian Lamb Spice
Balti Mix
Balti Mix – Bombay
Balti Mix – Green
Barbeque Seasoning
Barbeque Spice
Batter Mix
Beef Seasoning
Beef Steak Spice
Cajun Mix Smoked
Cajun Seasoning
Cajun Smoked
Caribbean Seasoning
Celery Salt
Chicken Coater – Hot n Spicy
Chicken Coater – Traditional
Chicken Seasoning
Chicken Spice
Chilli & Lemon Seasoning
Chilli Con Carne Mix
Chilli Sauce Seasoning
Chinese Mix Spice
Chinese Seasoning
Complete Seasoning
Couscous Seasoning
Cream of Tartar
Creole Seasoning
Creole Spice
Everyday Seasoning
Jamaican Jerk Seasoning
Jerk Seasoning

Kebab Mix
Kebab Seasoning
Lamb Seasoning
Lemon Pepper Seasoning
Mediterranean Seasoning
Mexican Seasoning
Mushroom
& Thyme Seasoning
Onion Salt
Oriental Seasoning
Paprika Seasoning
Pilau Rice Seasoning
Piri Piri Seasoning
Piripiri Spice
Pizza Seasoning
Pork Seasoning
Sage & Onion Stuffing
Seasoning Salt
Sriracha Seasoning
Steak Pepper Seasoning
Steak Seasoning
Tabasco Seasoning
Thai Seasoning
Tropical Seasoning
Season All Seasoning
Hamburger Seasoning
Argentina Rub
Ras el Hanout
Moroccan Harissa
Grill Meat Mix
Beri Beri Seasoning
Zesty Fish Seasoning

Fragrant Thai Seasoning
Tantalize Chicken
Mavrachesh Mix
Salsa Seasoning
Baharat Spice
Dukkah Mix
Sicilian Mix
Sweet BBQ Mix
BBQ Rub
Hot BBQ Rub
Citrus Seasoning
Shwarma Mix
Fajita Seasoning
Fish Seasoning
Garlic & Coriander Seasoning
Garlic Bread Seasoning
Garlic Italian Seasoning
Garlic Pepper Seasoning
Garlic Salt
Hungarian Goulash
Italian Seasoning





Whole Spices

WHOLE SEEDS

Aniseed
Annatto Seeds
Caraway Seeds European
Cardamom Black
Cardamom Green
Cardamom Seeds
Cardamom Seeds – Cracked
Celery Seeds
Charmagaj
Chia Seeds
Coriander Seeds
Coriander Seeds – Roasted
Coriander Split
Cumin Seeds
Cumin Seeds – Black
Dill Seed
Fennel Seeds
Fennel Seeds – Roasted
Fenugreek Seeds
Fenugreek Seeds – Roasted
Linseed – Brown
Linseed – Golden
Mustard Seeds Black
Mustard Seeds Black – Cracked

GROUND SEEDS & SPICES

Ajwain – Ground
Allspice Pimento – Ground
Aniseed – Ground
Birds Eye Chilli – Ground
Caraway – Ground
Cardamom – Black Ground
Cardamom – Green Ground
Cardamom – Ground Roasted
Cardamom – Seeds Ground
Cassia – Ground
Celery – Ground
Cinnamon – Ground
Cloves Ground
Coriander – Dark Ground
Coriander – Ground
Coriander – Light Ground
Cumin – Ground
Cumin – Ground Roasted
Curry Leaves – Ground
Dill Seed – Ground
Ginger – Ground
Turmeric – Ground
Mustard Seeds Brown – Cracked
Mustard Seeds Yellow
Mustard Seeds Yellow – Cracked
Nigella Seeds – Black Kalonji
Poppy Seeds – Blue
Poppy Seeds – White
Pumpkin Seeds
Sesame Seeds – Black
Sesame Seeds – Hulled
Sesame Seeds Natural
Star Aniseeds
Sunflower Seeds
Vanilla Pods

Fennel Seeds – Ground

Fenugreek Seeds – Ground
Fenugreek Seeds – Ground
Roasted
Liquorice Roots Powder
Mace – Ground
Mace Fine – Ground
Mustard Yellow – Ground
Nutmeg – Ground
Onion Powder
Paprika – Hot
Paprika – Smoked
Paprika – Very Hot
Pul Bibar
Star Aniseed – Ground

WHOLE SPICES

Ajwain
All Spice Pimento
Black Peppercorns
Cinnamon Bark
(Tuj)
Cinnamon Quills
Cloves – Kibbled
Cloves – Stems
Cloves – Whole
Cloves – Whole HPS
Fenugreek Leaves
Garlic Flakes
Garlic Granules
Ginger Root
Green Peppercorns
Juniper Berries
Mace – Blades
Mace – Whole
Nutmeg – Shrivels
Nutmeg – Whole
Onion Flakes Indian
Pickling Spice
Rose Pepper (Pink
Peppercorns)
Turmeric – Fingers
Turmeric – Kibbled
White Peppercorns

Other Dry Ingredients

SUGAR

Cinnamon & Sugar Fresh Grind
Caster Sugar – Silver Spoon
Brown Sugar
Vanilla Sugar

SALTS

Sumac – Ground
Celery Salt
Garlic Salt
Khoisan Seaweed Salt
Lemon Lime Sale
Lime Garlic Salt
Lime Salt
Mint Salt
Onion Salt
Rosemary Salt
Salt – Black
Salt – Fine
Salt – PVD
Sea Salt – Ground
Sea Salt – Extra Large Ground
Seasoning Salt
Sindhay Rock Salt
Salt & Pepper Mix

COOKING AIDS

Arrowroot
Asafoetida – Hing
Baking Powder
Bicarbonate of Soda
Citric Acid
Cream of Tartar
Dextrose
Mango Powder
Milk Powder
Modified Way Maize Starch
Monosodium Glutamate
MSG
Native Potato Starch
Panch Puran
Sodium Ascorbate
Sodium Diphosphate
Sodium Metabisulfite
Sodium Tripolyphosphate
Superfine Rusk



INDUSTRY KNOWLEDGE YOU CAN COUNT ON

With deep roots in the food industry, we understand what manufacturers really need. From snacks and sauces to meats and ready meals, we supply high-performing ingredients that deliver on flavour, function, and consistency. Whether you're reformulating a recipe, improving shelf life, or scaling up production — we're more than just a supplier. We're a partner who understands ingredient functionality and is always on hand to help solve problems and answer your questions.

Expert NPD Support from Kitchen to Factory

Our dedicated New Product Development (NPD) team works closely with customers to bring recipes to life — and ensure they scale smoothly from kitchen trials to full production. Whether you're launching a new product or refining an existing one, we're here to help with ingredient functionality, flavour matching, and practical problem-solving every step of the way. Your success is our priority, from concept to commercial scale.



Retail Packs That Stand Out

Our retail range is designed to turn heads and keep customers coming back. Each pouch is recyclable, resealable, and neatly designed to stand upright on shelves, combining practicality with visual appeal. Available in generous pack sizes, they offer exceptional value for home cooks and food lovers alike. Perfect for farm shops, delis, refill stores, and beyond — with trade pricing available on request.

Our best sellers!



Please contact us for full range of retail packs with pricing.

